



Barbara Gray Murphy

January 11, 2026

Barbara Gray Murphy, 78, a native of Portsmouth, Virginia passed away peacefully on Sunday, January 11, 2026.

She is survived by her three sons, Gary Lassiter (Melinda), Jeff Lassiter (Donna), and Jonathan Lassiter (Deborah); five grandchildren, Annie Lassiter Gonzalez (Adam), Adam Lassiter (Chandler), Riley Lassiter Mudgette (Schuylar), Jonathan James Lassiter, and Parker Lassiter; five great grandchildren, Alex Gonzalez, Aurora Mudgette, Athena Mudgette, Ayla Gonzalez, and Osbourne "Ozzy" Mudgette; her sister, Joy White (Charles); her niece Diane White Rose (Colleen); and her nephew, Michael White (Susan). In addition to family, she is survived by many close and dear neighbors and friends from church, her sorority, and the YMCA gym. Barbara was predeceased by her husband, Carlton "Carl" Murphy, her parents, Ruth Grace and Roy Victoria Gray and a brother Roy Gray.

She was a graduate of Craddock High School in Portsmouth, VA, an active member of the Beta Sigma Phi Sorority, and a retired dental hygienist from the US Navy. Barbara will be remembered by her warm smile, unwavering devotion to family, and sense of adventure to include traveling the country in the RV with her beloved, Carl.

She set a powerful example of the importance of family and finding the time to connect. She enjoyed gardening, cooking and knitting for which we all have treasures to remember her. She will be deeply missed and joyfully remembered by family, dear friends, and loved ones.

A memorial service will be held on Thursday, January 15, 2026 at 1pm at Westhaven Baptist Church in Portsmouth, VA. In lieu of flowers, the family suggests memorial donation to the Pulmonary Fibrosis Foundation at www.pulmonaryfibrosis.org.

Previous Events

Memorial service

JAN 15. 1:00 PM (ET)

Westhaven Baptist Church
4900 Caroline Avenue
Portsmouth, VA

Tribute Wall



“ *The Pulmonary Fibrosis Foundation is truly sorry for your family's loss. Please accept our condolences on the passing of your loved one.*

Pulmonary Fibrosis Foundation - January 15 at 12:25 PM