



David Wayne Fries

July 19, 2008

David Wayne Fries passed away on July 19, 2008, at the age of 48. David graduated from Kennesaw College in 1981 and received an MBA from Radford University in 1993. He was Director of Risk Management for Norfolk Southern Corporation, where he was employed for 24 years. He was an avid runner and a member of Tidewater Striders. He was a dedicated father, who spent many years coaching all of his children's sports and was actively involved as a volunteer in the choral and orchestral programs at Western Branch High School.

David is survived by his wife, Beni; a daughter Kristen; 2 sons Scott and Austin; his father and mother; Don and Bev; a brother Dan, and a sister, Karen.

Funeral services will be held Wednesday, July 23, at 2:00pm at Saint John's Episcopal Church in Portsmouth, VA. The family will receive friends in Loving Funeral Home, Churchland Chapel Tuesday, July 22, from 7-8p.m. In lieu of flowers, the family asks that memorial contributions be made in David's memory to The Preston Robert Tisch Brain Tumor Center at Duke, DUMC Box 3624, Durham , NC 27710.

Tribute Wall



“ Mrs. Beni,
Though I have been gone from Norfolk Southern for a while now, I heard the news & have you & your children in my heart & prayers. I enjoyed the time I was blessed to have working with Mr. Fries. He was one of the nicest & caring Directors I have ever worked for. May God be with you in this time of need and much love.##imported-begin##Jamie McCardle##imported-end##

August 07, 2008 at 12:00 AM



“ Beni & Family:
I am so sorry for your loss. I heard about David this morningFriday. David was a super person and a great co-worker. As simple as it sounds, I would not be using the computer today without the help from David Fries. While working with David in the Insurance Department, he took the entire Insurance Department under his wing and spend hours teaching us how to use computers. I am a better person knowing David. I will miss his greatly and will never forget him. David was a special person to all of us who worked with him.

Mike Brookins
Norfolk Southern
Safety Department##imported-begin##Mike Brookins##imported-end##

July 25, 2008 at 12:00 AM



“ *Mr. Fries could make any time seem better. We will all take a great sense of loss in his passing. I express only my most heartfelt apologies to his family. He was such a profitable, and determined man with the kindest heart. We have all taken a great loss. Although, Mr. David Fries is done with medical torment. His ability to share optimism will be greatly missed by all. I would like to offer my strongest condolences to the family.*##imported-begin##*Robert Kirklee Bower*##imported-end##

July 23, 2008 at 12:00 AM



“ *My sincerest condolences to the Fries family. I knew David through the Insurance industry. He was always a pleasure to work with, friendly and kind. He will be missed. My thoughts are with you.*##imported-begin##*Deirdre Lohan*##imported-end##

July 23, 2008 at 12:00 AM



“ *Beni and Family,*
I worked with David in his first job at NS in Atlanta. I always enjoyed his easy laugh and admired the urgent pace at which he worked. Over the years, when we'd run into each other, we never had a conversation that didn't involve you and the kids. He was a family man, passionate about his work and a pleasure to be around. My most sincere sympathy to you and your family.##imported-begin##*Patti Carroll*##imported-end##

July 23, 2008 at 12:00 AM



“ Dear Beni, Kristin, Scott and Austin,

I don't know what to say....I was so saddened to hear about David's passing. I think back to all the swim meets and swim team trips, the parties at the "groups" houses, and all the stories and laughs that he is a part of. The contributions and time that he put in to help build swimming in Western Branch will continue to live through the swimmers that now have a fantastic program to swim for, due to parents like David and yourself! Our thoughts are with all of you...we think of you often.

With love....Deb and Jess Kesper##imported-begin##Debi Kesper##imported-end##

July 23, 2008 at 12:00 AM



“ Mrs. Fries and Family, you are in my thoughts and prayers. I have known David since he started working at Norfolk Southern in the Risk Management Department here in Roanoke and always had the greatest respect and admiration for him. He was always a pleasure to work with and I am truly going to miss him.##imported-begin##Theresa Stump##imported-end##

July 23, 2008 at 12:00 AM



“ *To Fries Family:*

My deepest condolences and prayers go out to your family on your loss. Mr. Fries was a pleasure to know. I always saw him smiling and in a great mood. He was a inspiration to those of us in the WB Choral program, who showed us to keep our heads up and stay positive even when things weren't going the way we needed them to. I remember Mr. Fries would always be energetic and just as excited on our chorus tours as we were. He will be greatly missed. God Bless.##imported-begin##John Parr##imported-end##

July 22, 2008 at 12:00 AM



“ *My deepest sympathy on your loss. David was a great man and a wonderful co-worker. He will be greatly missed.##imported-begin##Mary Ann Mullady##imported-end##*

July 22, 2008 at 12:00 AM



“ *To the Family,*

David and I often worked together before my retirement from the Law Department. With his other friends and admirers, I send heartfelt condolences; we share your belief that he now is in a better place and is at peace.

Sincerely, Bill##imported-begin##Bill Noell##imported-end##

July 22, 2008 at 12:00 AM



“ Dear Beni, Kristen, Scott, and Austin,
For the past 20 years, I have been blessed to have known and worked with David. My memories of David vividly reflect someone who lived life with complete passion, and with incredible energy. Whether he was negotiating insurance deals, responding to a derailment, or doing any other aspect of his many responsibilities here at NS, he applied himself to the fullest and to the highest of standards. More than that, though, David held that high standard to all aspects of his life, including his family, friends, and even his hobbies. David did not just go for a jog, he went for the Boston Marathon. That is the kind of person he was; he always went the extra distance. His love for each of you radiated here at the office as he proudly shared your many accomplishments and so clearly loved being active and involved with you. As I look to heaven and see the one star that shines stronger than all the others, I will think of David.

Please know that we are keeping each of you close in thought and prayer. May God's peace that passes all understanding hold you and comfort you during this time and always.

With Deepest Sympathy,
Katie##imported-begin##Katie Cook##imported-end##

July 22, 2008 at 12:00 AM



“ To the Fries family,

I am so sorry for your loss. I had the pleasure of working with David over these last several years. I enjoyed his professionalism, and the respect he showed everyone that he worked with. On our various business trips together he talked about the things he loved most, which was his family, and running. I feel fortunate to have worked with, and to have known David. You are all in my thoughts and prayers.##imported-begin##Jim Wolfarth##imported-end##

July 22, 2008 at 12:00 AM



“ To the Fries Family,

David was an honorable person, and I always looked forward to opportunities to work with him. My sincere sympathy on your loss.##imported-begin##Nancy S. Fleischman##imported-end##

July 22, 2008 at 12:00 AM



“ Dear Beni & Family,

I was very saddened to hear of your loss. David was a great co-worker, and I'm sure a wonderful husband and father. He was very much respected and admired by all that knew him. He will be missed.##imported-begin##Rick Ray##imported-end##

July 22, 2008 at 12:00 AM



“ Dear Beni, Kristen, Scott, & Austin,

We are so sorry for your loss. David was an exceptional man in so many ways. We will always remember him running in road races and doing as well as most of the high schoolers and we'll remember him as the favorite bingo caller of the WB Choral Parents. I don't ever recall seeing David when he wasn't smiling. He will be truly missed. All of you have been and will continue to be in our thoughts and prayers.##imported-begin##Wendy, David, Brandon, Ashley & Bonnie Roane##imported-end##

July 22, 2008 at 12:00 AM



“ Mrs. Fries, my thoughts and prayers are with you and your family during this very trying time. I worked with David for many years on the insurance program for Norfolk Southern. He was a true "Southern Gentleman", and was always such a pleasure to work with. This is also a very sad time for those thousand of people that had the pleasure to work with David. My condolences, prayers and thoughts are with you and your family and know he will be sorely missed my everyone that knew David.##imported-begin##Margaret Wilson##imported-end##

July 22, 2008 at 12:00 AM



“ Dear Beni, Kristen, Scott & Austin,
Please know you are in our thoughts and prayers. David's life has changed, not ended - for without a doubt, he is with our Lord. May your faith continue to be a source of strength and comfort to you.##imported-begin##Marisa Beebe##imported-end##

July 21, 2008 at 12:00 AM



“ *Sincères Condolences à toute la famille... From A RIMA participant for Canadian National Railways. May God Angels be with you in this difficult time...##imported-begin##Yves Drouin##imported-end##*

July 21, 2008 at 12:00 AM



“ *To David's family: My sincerest condolences on your loss. David was on of the nicest people I've had the opportunity to meet, always willing to share his knowledge and sage advice on business matters, always with a smile. He will be missed by us at NYS&W Railway, and I am sure by far more than you may know.##imported-begin##Nathan Fenno##imported-end##*

July 21, 2008 at 12:00 AM



“ *Beni, Kristen, Scott & Austin,*

You and your family are in my thoughts and prayers. David was such a great person and his NS family in Atlanta will always miss him. He was one of the kindest and most mannerable men I have ever known. I never saw him when he was in a bad mood and his smile could light up a room. I pray that your wonderful memories and God's grace will see you through this dark time.

*Shela Seay
Revenue Accounting - NS
Atlanta, Ga.##imported-begin##Shela Seay##imported-end##*

July 21, 2008 at 12:00 AM



“ Dear Beni & Family,

I was so sorry to hear of David's passing, although he certainly showed a great deal of courage during his illness. He was such a man of great integrity and professionalism and served Norfolk Southern and his co-employees well. He has been greatly missed during his illness and will continue to be missed. Words are so inadequate at this time, but please know that there are many people praying for you during this time. Sincerely, Nanci

July 21, 2008 at 12:00 AM



“ David's Family:

My thoughts & prayers are with you during this difficult time....I am deeply saddened as David meant a lot to me as a co-worker & friend. David always showed a lot of compassion and will be deeply missed.

July 21, 2008 at 12:00 AM



“ Dear Beni, Kristen, Scott and Austin,

You are in thoughts and prayers as you go through this difficult time. By God's grace, you will heal from your sadness. Memories of a wonderful husband and father will be with you forever.

July 21, 2008 at 12:00 AM



“ Mrs. Beni, Kristen, Scott, and Austin:

My deepest thoughts are with all of you during this tragic time. Mr. David will be sorely missed by the millions of honored people whose heart he touched. A great neighbor and friend to many, he will never be forgotten. He is in a much better place. My prayers are with you all.##imported-begin##Mandi Trautz##imported-end##

July 21, 2008 at 12:00 AM



“ To the Fries family - My deepest condolences on your loss. My heart is truly saddened with his passing. David was a kind and remarkable man and he will be truly missed but not forgotten. All my prayers and love to his family and friends.

*Tammy Lee
Palmer & Cay/Wachovia Ins. Serv.
Atlanta, GA.##imported-begin##Tammy S. Lee##imported-end##*

July 21, 2008 at 12:00 AM



“ David's Family
My thoughts and prayers are with you in the loss of your husband, father and son. David was a class act and had my upmost respect. He will be missed by all.

Bill Gorby##imported-begin##Bill Gorby##imported-end##

July 21, 2008 at 12:00 AM



“ ##imported-begin##Wanda Skinner##imported-end##

July 21, 2008 at 12:00 AM



“ To The Fries Family,

David was truly a pleasant and smart man and I will miss working with him and sharing stories about our children. Just know that God is truly wonderful and He will be your comforter during this time. God bless each of you!##imported-begin##Wanda Skinner##imported-end##

July 21, 2008 at 12:00 AM



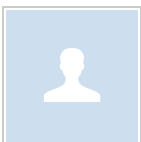
“ Beni, You, Kristen, Scott and Austin are in my thoughts and prayers. Dave was a special man who will be missed by many. Even though I am out of town, please know I'm thinking of you, your kids and Dave. Jimmy##imported-begin##Jimmy Culpepper##imported-end##

July 21, 2008 at 12:00 AM



“ To David's family,
David was such a wonderful person. His smile exemplified what a happy and satisfied person he was... I am sure his family is one of the greatest reasons that was so obvious. I wish you peace in your hearts as you deal with your grief.##imported-begin##Donna Donato##imported-end##

July 21, 2008 at 12:00 AM



“ To David's Family: My prayers are for your comfort in pleasant memories at this time. David was a constant witness for our Loving Lord and truly a positive influence on all who knew him. Sincerely, Donna Fisher##imported-begin##Donna Fisher##imported-end##

July 21, 2008 at 12:00 AM



“ To the Fries family - It was terribly saddening to hear about David's illness, and now his passing. He truly was one of the good guys. He was always great to work with, knowledgeable, forthright, and expedient; cheerful, patient, and kind. There are many of us who will miss him, and we know you'll miss him most of all. My heart goes out to you.##imported-begin##Lee Ann Brooks##imported-end##

July 21, 2008 at 12:00 AM



“ David will be truly missed.##imported-begin##Jacqueline Harris##imported-end##

July 21, 2008 at 12:00 AM



“ To the Fries family--We are so sorry for your loss. Our prayers are with you during this very difficult time.

Your neighbors,
Chris, Cheryl, Carly & Christopher Rawlings##imported-begin##Cheryl Rawlings##imported-end##

July 21, 2008 at 12:00 AM



“ Beni, I wanted to express my deepest sympathy and sadness that David has left us. I met him through business and soon found out that we were both runners. We shared stories about running half marathons and marathons. I met you when we flew to Boston to run the great Boston Marathon in 2007, just before he was diagnosed. David was one of the nicest guys I have had the pleasure of knowing and a very gifted runner. My thoughts and prayers are with you as you go through this time in your life. He will be surely missed.##imported-begin##Joe Barrow##imported-end##

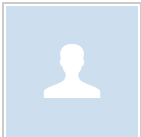
July 21, 2008 at 12:00 AM



“ Mrs. Fries, Kristen, Austin, & Scott:

I'll always remember the fun times hanging out at your house & how full of joy Mr. Fries always was. I pray that God will provide you all with strength during this difficult time. My thoughts and prayers are with you.##imported-begin##Amanda Whiddon##imported-end##

July 21, 2008 at 12:00 AM



“ Dear Beni,

We are deeply saddened by the passing of your beloved David. We will always remember him as a man of great strength and integrity who was completely dedicated to his family. We will be holding you, Kristen, Scott and Austin particularly close in our hearts, thoughts, and prayers.

*Love,
Steve and Kathy##imported-begin##Steve & Kathy
Evans##imported-end##*

July 21, 2008 at 12:00 AM



“ Beni and Family:

I worked with David over the phone for over five years, and he was a great guy. No matter how busy he was, he would always take time to talk to me about whatever insurance and/or bonding dilemma presented itself. I always enjoyed his stories of the high school trips that you both chaperoned. It was obvious that he loved his family so much. I will miss him and will keep you and your family in my prayers.##imported-begin##Cyndi Croft##imported-end##

July 21, 2008 at 12:00 AM



“ Dear Beni, Kristen, Scott and Austin,

My thoughts are with all of you at this sad time. David certainly made an impact on the lives of hundreds of students as well as other dedicated parents of the Choral and Orchestral Departments of Western Branch High School. He will be sorely missed but we know that he's no longer suffering and in a better place. Knowing David, he's already volunteering to make heaven an even better place as he did here on earth. I don't believe I could say this enough, "thank you David Fries for all you did to enhance the lives of these young people." You'll never be forgotten.

God bless his soul,

Nick Nespoli##imported-begin##Nick Nespoli##imported-end##

July 20, 2008 at 12:00 AM