



Gail O'Neal

October 20, 2022

Lana Gail O'Neal died on Thursday October 20, 2022 because I have metastatic breast cancer or some complication of it. I decided to write my own obituary because who knows me better than I do?

I am the daughter of the late John H. O'Neal, Jr. and Mary Ruth Warden. I am the mother of my most beloved son Billy (William R. Cobb, Jr.) and it saddens me the most to leave him. I am also the big sister of John H. O'Neal, III and Susan Ruth O'Neal Jackson and I love them both. I have nine nieces and nephews...Michael Bangle, John H O'Neal, IV, Lacey Gilmore, Noah O'Neal, Jeremy Strong, Seth Strong, Susan Garrity, Katie Hendricks and Mary Woods as well as numerous great nieces and nephews. I love all of them.

Over the years I have made some very dear friends and cherish our friendships very much. Along with my family, they have been a great comfort to me through my illness as well as the good times that we shared over the years.

May you come to find comfort and remember - Cardinals appear when angels are near.

So go now, sit outside and drink your tea.

Keep a look out for the little red bird - It is there, it will be me.

A funeral service will be held at 2:00 pm Thursday at Loving Funeral Home. The family will receive friends at the funeral home one hour prior to the service on Thursday.

Previous Events

Visitation

OCT 27. 1:00 PM (ET)

Loving Funeral Home Churchland Chapel
3225 Academy Ave.
Portsmouth, VA 23703
(757) 484-3373

Funeral Service

OCT 27. 2:00 PM (ET)

Loving Funeral Home Churchland Chapel
3225 Academy Ave.
Portsmouth, VA 23703
(757) 484-3373

Tribute Wall



“ Gail was my New Rochelle High School Prom date. She went with me to mine and I went to hers at Ursuline. We had a wonderful time together. I met her at NRHS at Model Congress where I was the Technical Crew President. I had our cameras focused on her then. I suppose in a way, I guess discovered her(Lol). Condolences to her beautiful loving family. I love you Gail. Be Blessed

Euwanta Williams - October 18, 2023 at 11:08 PM

PW

“ Gail was a strong, kind and loving friend. I enjoyed our friendship and I miss having her right across the street. Our conversations will be missed. I saw a Cardinal the day I read her obituary that she had written. I thought to myself....there's Ms. Gail, checking on us already. Prayers for he family and mostly for the son she dearly loved Billy.

Patty Wedgewood - November 07, 2022 at 07:40 PM

SG

“ My beautiful Aunt Gail. Thank you for all the love you showed me while I was blessed to have you in my life.



Susan Garrity - October 27, 2022 at 02:12 PM



She was beautiful in so many ways.

Darlene Dunlow - October 27, 2022 at 09:48 PM

EM

“ Gail was my very special cousin. We had lots of fun together growing up. We spent the night together often planning what we would play the next day. She was always sweet and very easy to get along with. Even in our adult life we enjoyed getting together.

I'll miss her. She was so strong during the years of her illness. We will all miss Gail.

Im sorry for your loss Billy.

Elaine Murphy - October 27, 2022 at 10:15 AM



“ Blue Caribbean Bouquet was purchased for the family of Gail O'Neal.



October 26, 2022 at 05:02 PM

WI

“ 1 file added to the album Gail



William - October 25, 2022 at 11:05 PM

EM

She was a pretty woman. Cousin Elaine

Elaine Murphy - October 27, 2022 at 12:53 PM

CB

“ I love this obituary, Gail is right, we know ourselves better than anyone. We should all do this. Gail told me she had everything prepared so Billy would not have to do it. I was saddened for her, but she had her son in her deepest thoughts.

I not only helped Gail with her yard and house cleaning occasionally, she was also a friend. She used to babysit my sister and I when we were kids. Billy Sr was a friend of my dads. Our paths crossed many years later when Gail called on my help. A soft spoken woman I will always remember her laugh. I know Stanley will be well taking care of. I am so sorry for her loss and she will be missed by all. She has had such a lone battle and was one strong ,courageous, woman.

Carla Blechman - October 23, 2022 at 04:46 PM

DW

“ I had many laughs with Gail at Ch. 13. To her beloved family, I send my heartfelt condolences. May you find comfort in the many memories you hold dear. Dottie



Dottie Wikan - October 22, 2022 at 04:20 PM

DA

“ 1 file added to the tribute wall



Darlene - October 22, 2022 at 01:59 PM

DU

What a pleasure it was to have been friends with Gail. She was such a delightful lady. My thoughts and prayers are with her son and her family.

debra umphlett - October 23, 2022 at 01:51 PM

DD

“ There is so much I would like to say...I will just say Gail was my dearest friend. She was a strong courageous lady. She gave so much and asked for so little. She loved her family. We never had a conversation where she did not bring them up. She was a wonderful mother and often said leaving Billy was what hurt the most. Not that any of her family was any less special, but she often talked and shared stories of her niece, Susan. She never wanted to burden anyone and shared her illness with all who loved her. I would always ask what can I do and the answer was nothing, I will be fine. I am going to miss her so much but can't wait to see that first cardinal to know my angel friend is still with me. I love you!

Darlene Dunlow - October 22, 2022 at 01:53 PM