



Lauren Caldwell

April 20, 2025

Lauren Marie Caldwell, 60, was born in Portsmouth, Virginia, passed away peacefully at her home in Lynchburg, Virginia, on April 20, 2025.

Lauren was a woman of strength, creativity, and deep love for her family. She was preceded in death by her beloved husband of 30 years, Rodney Caldwell; her son, Zachary Caldwell; and her grandson, Beau Cagle. Though her heart knew great loss, Lauren continued to live with purpose, humor, and resilience.

She leaves behind her loving daughter, Amanda and her husband Justin Cagle; and her grandchildren Seth, Nico, Sky, Ace, Harper, Hudsyn and Dallas. As well as another cherished grandchild, Christian Caldwell. Lauren's devotion to her family was the center of her world.

In 2015, Lauren met her fiancée, Harold. They enjoyed many years together raising chickens, growing gardens, and spending quality nights appreciating the peace and quiet of country living. Over the years, Lauren grew relationships with Harold's children as well, who came to love and respect her, affectionately calling her LaLa, as many did.

For several years, Lauren was dedicated and driven in her work at J.Crew in Lynchburg, where she was respected and admired by colleagues. Outside of work, she found joy in the simple and meaningful things—tending to her

chickens, collecting frogs and pineapples, cooking creative new dishes, and surrounding herself with music. Her creativity touched every part of her life, and her vibrant personality made her unforgettable.

A service to celebrate Lauren's life will be held at 11 o'clock on Saturday, May 31, 2025, at Loving Funeral Home in Portsmouth, Virginia. We invite you to wear purple (if you can) to honor Lauren. Following the service, family and friends are warmly invited to Amanda's home for food, drinks, music, and shared memories of Lauren. LaLa's legacy of resilience, love, and creativity lives on in the hearts of all who knew and loved her.

Previous Events

Celebration of Life

MAY 31. 11:00 AM (ET)

Loving Funeral Home Churchland Chapel
3225 Academy Ave
Portsmouth, VA 23703

Tribute Wall



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Lauren Caldwell.

May 22, 2025 at 04:24 PM



“ Pink Potpourri Bouquet was purchased for the family of Lauren Caldwell.



May 22, 2025 at 04:24 PM